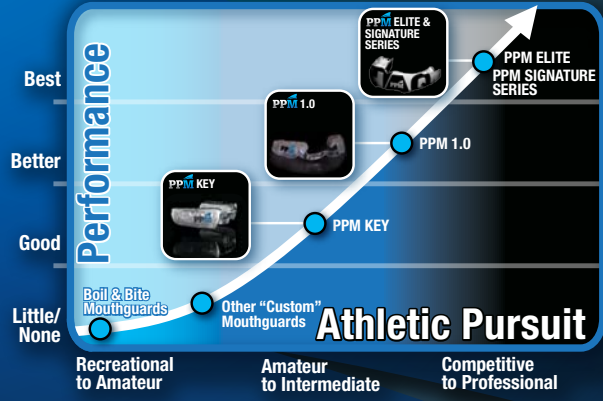


WHAT IS THE Makkar ADVANTAGE?

Is there a difference between performance and optimum performance? A split-second faster, a step quicker, an inch higher, a bit more flexibility, a little stronger can make all the difference in your game. Athletes are always in pursuit of an edge, that natural advantage that will help them train and perform better than the rest. For thousands of athletes, including professionals competing at the highest level, that performance advantage is the Makkar PPM™.



HOW CAN I GET A PPM?

The PPM is a custom-fitted appliance offered only through our network of PPM certified dentists. If you are a candidate for the PPM, impressions will be taken of your lower and upper teeth to determine your optimal bite position. Your PPM will be fabricated in our dental lab and returned to you/your dentist for fitting.

Find out how the PPM can help you achieve your potential. Contact one of our certified dentists for a personal consultation.



A PPM Dentist near you:



Makkar PPM Product Suite

PPM KEY:
Our entry-level powerguard designed for use across a broad spectrum of recreational and amateur athletes looking to jump start their games.

PPM 1.0:
Offers an intermediate level of performance enhancement through an alignment process that involves relaxation of the jaw muscles.

PPM ELITE:
For professionals and competitive athletes at the highest levels, the PPM Elite is a must. Through a fitting process involving sophisticated computerized measurements accurate to within 1 millimeter, the PPM Elite provides the highest level of performance improvement.

PPM Signature Series:
In addition to the highly specialized diagnostics of the PPM Elite, the PPM Signature Series products are specially designed in co-ordination with all-time greats who demand the highest standards of performance.

Unleash your pure power with PPM.



Makkaradvantage.com



Fourth and Goal



Game-changing benefits include:

- Increased Strength
- Explosive Speed & Agility
- Improved Balance & Flexibility



THE PERFORMANCE ADVANTAGE

The PPM founded on the principles of neuromuscular science, is a sports performance revolution that has been shown to instantly enhance athletic performance. Used by professional, collegiate and amateur athletes worldwide, the PPM is quickly becoming essential equipment for serious athletes.

“In football, there are no days off. If you don't perform, you don't play. My PPM gives me the performance advantage I need to train right, play right and stay on the field.”

Take your game
to the next level
with the **PPM**

Benefits include:

Increased Strength

Critical to making or breaking tackles, increases in overall strength have an immediate impact on training and game-day performance.

Explosive Speed

Quite simply, speed kills. Defensive coaches lose sleep over an opposing running back's ability to "turn the corner" or to spot and accelerate through the hole. Likewise, a Defensive Back with closing speed can turn a potential TD into an INT.

Improved Balance

Maintaining proper positioning and center of gravity benefits a wide range of positions. Balance plays an important role in a Quarterback's ability to evade the blitz and focus in the pocket, Lineman's proficiency in passing or running situations as well as a Receiver's ability to adjust to the ball.

Agility

The ability to "turn on a dime" and "make people miss" is a cornerstone of most skilled positions. In a game of inches, it can also make the difference between a first down and turnover on downs.

Training Endurance & Recovery

Some say, champions are made in the off-season and in-between games. Natural athletic talent is only part of the equation. Training, Repetition and Recovery are key to a long, safe and successful football career.



ALIGNMENT =
PERFORMANCE

How does it work?

At its most efficient, the human body is properly aligned from top down. Unfortunately for most of us, jaw alignment and head posture is sub-optimal, resulting in "short-circuits" that impede performance.

The PPM works by bringing your jaw into an alignment position optimized for performance. This enhanced alignment position allows the body to operate much more efficiently.

PPM has been shown to provide instant improvements in several areas vital to athletic performance - balance, range of motion, flexibility, explosive speed and strength.

Experience the Difference...

Get the **Makkar Advantage!**

Unleash the power and get instant

Game-changing results

PPM